

SUMMER CANTEEN MENU

Last orders: 10:45 am

DAILY SPECIALS - \$5 EACH

MONDAY

GREEN

Mexi Nachos

Corn chips, minced beef, seasoned beans, cheese, tomato salsa, red onion, lettuce and Greek yoghurt.

TUESDAY

GREEN

Chicken Burrito Rice Bowl

Mexican spiced chicken, rice, red kidney beans, tomato, red onion, coriander leaves, lemon juice, shredded cheese, lettuce and Greek yoghurt.

WEDNESDAY

AMBER

Spaghetti Bolognese

Beef bolognese sauce with spaghetti and grated cheese.

THURSDAY

GREEN

Chicken Teriyaki & Rice

Chicken teriyaki and vegetable stir-fry served with steamed rice.

FRIDAY

AMBER

Macaroni & Cheese Bake

Pasta baked in creamy cheese sauce with a golden cheese topping.

ALLERGEN / DIETARY INFORMATION

Our kitchen handles gluten, dairy, eggs, soy and other allergens. Please ask canteen / catering staff about allergies or dietary requirements before ordering.

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EVERYDAY MENU - ADD CHEESE + \$0.50

Chicken Burger \$6

AMBER

Chicken patty, lettuce, tomato and light mayonnaise on a bun.

Cheeseburger \$6

AMBER

Beef patty, cheese, gherkin, tomato, lettuce and mayonnaise on a bun.

Chicken Mayo Sandwich \$4

GREEN*

Chicken, celery, mayonnaise and red onion on wholemeal bread.

Curried Egg Mayo Sandwich \$4 | V

GREEN*

Egg, curried mayonnaise and lettuce on wholemeal bread.

Spicy Tuna Sandwich \$4

GREEN*

Lettuce, tuna and spicy mayonnaise on wholemeal bread.

Vegemite Sandwich \$2 | V

GREEN*

Vegemite on wholemeal bread.

Cheese Sandwich \$2 | V

GREEN

Cheese on wholemeal bread.

Chicken Salad Wrap \$5

GREEN*

Chicken, beetroot, grated carrot, lettuce, tomato, black pepper and mayonnaise.

RECESS ONLY

Cheesie \$2 - Bun base, tomato sauce and melted cheese. (AMBER | V)

Chicken Tender \$2 - 1 piece.

DRINKS

Oak Flavoured Milk (assorted flavours) \$4.50

Waterford (assorted flavours) \$4

Juice Bomb (assorted flavours) \$3 | Water 600 ml \$2

FRESH FRUIT

Whole Fruit: apple, banana or pear \$1 | GREEN | V

Orange Platter \$3 | GREEN | V - Watermelon Platter \$3 | GREEN | V

GF FROZEN MEALS

Gluten Free meals available. Check at the counter for today's options.

GREEN = healthier choice; AMBER = choose sometimes.

V = Vegetarian; GF = Gluten Free.

* GREEN when spreads, mayonnaise and sauces meet WA ingredient allowances.