



HOT MEALS

RECESS + LUNCH MENU

MONDAY

CHICKEN TERIYAKI ●
STIR FRY VEGETABLE,
STEAM RICE
(GF,H)

TUESDAY

VEGETABLE FRIED EGG NOODLE ●
(GF,V,H)

WEDNESDAY

SPAGHETTI BOLOGNESE ●
(GROUND BEEF, ZUCCHINI,
MOZZARELLA CHEESE
(H)

THURSDAY

JAPANESE SAUSAGE CURRY ●
WITH STEAM RICE
(H)

FRIDAY

CHILI CORN CARNE ●
WITH STEAM RICE
(MINCED BEEF, BEANS)
(GF,H)

SANDWICH /SALAD

CHICKEN SALAD ●

Sliced roast chicken,lettuce,grated carrot,cucumber ,tomato,mayonnaise \$ 4.50 (H)

GARDEN SALAD ●

Lettuce, cucumber,tomato,onion,dressing \$ 3.50 (V,H)

TUNA SALAD ●

Tomato,lettuce,cucumber,dressing \$ 3.80 (H)

CHICKEN SALAD SANDWICH ●

Chicken,mayonnaise ,lettuce \$ 3.80 (H)

CHEESE SANDWICH ●

Sliced cheese,gherkin,tomato \$ 3 (H)

ALL DAY DRINKS

Spring water 600ml ● \$ 2

Assorted flavour Aloe Vera
Zero Original 500 ml ● \$ 3.50

Assorted milk flavour 250 ml ● \$ 2.40

Assorted milk flavour 500 ml ● \$ 3.50

Assorted Lipton tea flavour ●
500 ml \$ 3.50

Assorted juice 250 ml ● \$ 1.70

Zooper Dooper ● \$ 0.60

GRAB & GO OPTIONS



BEEF BURGER (H) ●

(Bun,beef burger,sliced tomato,sliced gerkin,mayo,ketchup,lettuce) \$ 6

CHICKEN BURGER (H) ●

(Bun,crumbed chicken burger, lettuce,tomato,mayo) \$ 6

HOT DOG (H) ●

(Ketchup, beef sausages) \$ 4

CHICKEN PIZZA (H) ● \$ 3.50

CHEESIE (V,H) ●

Bun chesee , ketchup
\$ 2.50

ALL DAY FRUITS

FRUITS

• WATERMELON TUB \$ 3

• FRUIT SALAD (2 MIX FRUITS) \$ 3

• BANANA \$ 1

SOUP *Available during winter only*

Slow cooker broccoli and cheese soup with a piece of garlic bread \$ 3.50 (H)

Chicken vegetable pasta soup \$ 3.50 (DF,H)

*Please advise if you have any food allergies before you order so we can assist you.

Thank you

CANTEEN CODES

- GF : Gluten Free
- V : Vegetarian
- H : Halal
- DF : Dairy Free

- Food in the green category are encouraged
- Food in the amber only be eaten in moderation

TO AVOID DISAPPOINTMENT, PLEASE PLACE YOUR ORDER BEFORE 9 AM.

Text us for your order

+ 0481 791 175

HOT MEALS

DAILY SPECIALS
\$6

RECESS + LUNCH MENU

MONDAY

MEATBALL TERIYAKI
STIR FRY VEGETABLE,
STEAM RICE
(H)

TUESDAY

CHICKEN FRIED RICE
(GF,H)

WEDNESDAY

SPAGHETTI BOLOGNESE
(GROUND BEEF, ZUCCHINI,
MOZZARELLA CHEESE
(H)

THURSDAY

JAPANESE CHICKEN CURRY
(POTATO,CARROT,
CHICKEN,PEAS,STEAM RICE
(H)

FRIDAY

CHICKEN PENNE POLO
(MUSHROOM,CREAM,CHEESE)
(H)

SANDWICH /SALAD

CHICKEN SALAD

Sliced roast chicken,lettuce,grated carrot,cucumber ,tomato,mayonnaise \$ 4.50 (H)

GARDEN SALAD

Lettuce, cucumber,tomato,onion,dressing \$ 3.50 (V,H)

TUNA SALAD

Tomato,lettuce,cucumber,dressing \$ 3.80 (H)

CHICKEN SALAD SANDWICH

Chicken,mayonnaise ,lettuce \$ 3.80 (H)

CHEESE SANDWICH

Sliced cheese,gherkin,tomato \$ 3 (H)

GRAB & GO OPTIONS

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CHICKEN BURGER (H)

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HOT DOG (H)

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CHEESIE (V,H)

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