



Department of  
**Education**

# **Healthy Food and Drink in Public Schools Policy**

Effective date: 4 February 2014

Version: 2.7

Last update date: 3 October 2018

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## 1. Policy statement

Principals are required to adopt a whole school approach to healthy eating within the school community.

## 2. Policy rules

Food and drinks categorised as 'red' will not be provided to students unless essential to the learning program.

Principals will:

- develop and implement a school-based policy on the provision of healthy food and drinks; and
- ensure that the canteen/food service menu complies with the requirements detailed in the Healthy Food and Drink in Public Schools Procedures.

## 3. Responsibility for Implementation and Compliance

Implementation of the policy is the responsibility of the principal.

Compliance monitoring is the responsibility of line managers.

## 4. Scope

This policy applies to all principals in public schools.

## 5. Supporting Procedures

[Healthy Food and Drink in Public Schools Procedures](#)

## 6. Definitions

### **Green food and drinks**

Are good sources of nutrients, contain less saturated fat and/or sugar and/or salt and help to avoid an intake of excess energy (kJ).

### **Amber food and drinks**

Have some nutritional value, contain moderate levels of saturated fat and/or added sugar and/or salt and can, in large serves, contribute to excess energy (kJ).

### **Red food and drinks**

Lack adequate nutritional value, are high in saturated fat and/or added sugar and/or salt and can contribute excess energy (kJ).

## 7. Related documents

### Relevant legislation or authority

[Food Act 2008 \(WA\)](#)

[Food Regulations 2009 \(WA\)](#)

[School Education Act 1999 \(WA\)](#)

[School Education Regulations 2000 \(WA\)](#)

### Related Department policies

[Student Health Care in Public Schools](#)

### Other documents

[Anaphylaxis Management Guidelines for Western Australian Schools](#)

[Australian Dietary Guidelines 2013](#)

[Australian Guide to Healthy Eating 2013](#)

[Common Use Arrangement \(CUA\) 44409 for the purchase of bulk groceries and fresh produce \(Perth region only\) \(staff only\)](#)

[Health Promoting Schools Framework](#)

['Red' Food and Drinks in the Curriculum](#)

[Sample School Healthy Food and Drink Policy](#)

[Star Choice™ Buyers' Guide](#)

[What's on the Menu](#)

## 8. Contact information

### Policy manager:

Director, Student Support Services

### Policy contact officer:

Principal Consultant, Student Wellbeing

T: 9402 6133

### Other:

Western Australian Council of State School Organisations (WACSSO)

T: 9264 4000

W: [www.wacssso.wa.edu.au](http://www.wacssso.wa.edu.au)

Western Australian School Canteen Association (WASCA)

T: 9264 4999

E: [wasca@education.wa.edu.au](mailto:wasca@education.wa.edu.au)

W: [www.waschoolcanteens.org.au](http://www.waschoolcanteens.org.au)

## 9. History of changes

<b>Effective date</b>	4 February 2014
<b>Last update date Policy version no.</b>	2.0
<b>Notes</b>	Major review undertaken and split into policy and procedures. Endorsed by Corporate Executive 2 December 2013.

<b>Effective date</b>	4 February 2014
<b>Last update date</b>	29 August 2014
<b>Policy version no.</b>	2.1
<b>Notes</b>	Contact details updated. D14/0417804
<b>Effective date</b>	4 February 2014
<b>Last update date</b>	16 February 2015
<b>Policy version no.</b>	2.2
<b>Notes</b>	Contact details updated. D15/0057184
<b>Effective date</b>	4 February 2014
<b>Last update date</b>	19 March 2015
<b>Policy version no.</b>	2.3
<b>Notes</b>	Contact information updated to reflect change in position from Director, Office of the Director General to Executive Director, Organisational Governance. D15/0085666
<b>Effective date</b>	4 February 2014
<b>Last update date</b>	4 August 2015
<b>Policy version no.</b>	2.4
<b>Notes</b>	Updated contact information D15/0260244
<b>Effective date</b>	4 February 2014
<b>Last update date</b>	15 April 2016
<b>Policy version no.</b>	2.5
<b>Notes</b>	Transfer of policy ownership and update contact information. D16/0209811 and D16/0209818

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<b>Effective date</b>	4 February 2014
<b>Last update date</b>	3 August 2017
<b>Policy version no.</b>	2.6
<b>Notes</b>	Update broken links D17/0329199.

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<b>Effective date</b>	4 February 2014
<b>Last update date</b>	3 October 2018
<b>Policy version no.</b>	2.7
<b>Notes</b>	Minor changes to update contact information D18/0437694 and reference to Public Schools D18/0151652

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## 10. More information

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### Supporting content

#### Procedure

[Healthy Food and Drink in Public Schools Procedures](#)

### Policy review date

4 February 2017

### Policy last updated

3 October 2018

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