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31 March 2017

## FROM THE ADMIN TEAM

### ASSOCIATE PRINCIPAL'S REPORT



As the first term draws to a close it is great to see that the vast majority of our students have settled well into the school year. Walking around the school it is terrific to see the buzz of activity in classes, sports grounds, swimming pools, and feedback from teachers and students indicates that many of our Year 9 and 10 students are

actively engaging in their specialist classes and their internship program.

On Wednesday it was terrific to see all students completing their 'leaving to learn' activities and we hope that they were a valuable contribution to each student's Advisory programme. Please refer to our Facebook page for specific information on each of the Advisory activities that our students completed.

Many of our Year 9 and 10 students have now established an internship placement or participated in a shadow day. During this time students are encouraged to work through their passion and work away from the school. Students are linked with a mentor and work in a placement of their choosing. As students will be off the school site it is very important that all appropriate details be arranged such as insurance and transport. I would encourage all parents and carers to support their children by keeping in regular contact with Advisory teachers and our learning through internship (LTI) Coordinator Ms Erica Mutch. If you are able to offer support to the school and would like to consider accepting a student for an internship we would be very keen to meet with you and discuss the programme.

Next week is the last week for Term 1 and all staff and students will be busy completing student exhibitions. This is an important time for all parents and carers to meet with Advisory teachers to work through student individual learning plans and discuss further goals to work towards next term. The school always

welcomes parents and the greater the communication between school, students and parents/carers the better the outcome.

We are currently requesting that staff, students and parents complete the Tell Them From Me survey. This survey asks what the school is doing well and what we can do to make school better. Please come into the office to complete this survey or ask your Advisory teacher when you come in to school to complete your exhibitions or go to the link below.

<https://www.tellthemfromme.com/survey/splash/yuleco17>

**Kind regards**

**Mr Doug Dearle – Associate principal**

**Mrs Hilary Saunders – Principal**

**Miss Cheryl Bettridge – Student services Manager**



### NAPLAN 2017

The national assessment Program – literacy and numeracy (NAPLAN) is the annual assessment for all students in Years 7 and 9. NAPLAN tests are done in reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy.

This year all tests will be completed during Term 2 between Tuesday 9th May and Friday 19 May. All tests will be completed online using the school computer facilities.

In 2016 Yule Brook College was selected as part of the state-wide trial for implementing online testing for all schools over the next three years. We are delighted that all students have had an excellent preparation for NAPLAN 2017.

The NAPLAN tests show how students are performing in all of the test areas and are used by the school and the Department

of Education to provide feedback on how educational programmes can be improved for the future.

Each student will receive feedback on how they performed in the tests and parents will receive formal feedback later in the year. A parent information brochure has been forwarded to all Year 7 and Year 9 students through Advisory classes but if you would like any further information please contact the school.

## STUDENT SERVICES REPORT

Hi everyone

I am very pleased to be back and saying hello to everyone this week after two weeks off on long service leave. I spent some of the time in Adelaide, which I can highly recommend. Every time I go there there's something new to do and it never disappoints me! Such a beautiful place.

Please find attached Communicare's GAP Infoshare magazine which is jam-packed with things to do as usual, but it looks like even more so this time around. They have provided a new copy of their form which is also in the community news section.

Also in the community section is Foodbank's latest newsletter – as usual there are some great programmes to enrol in regarding cooking economical and delicious meals.

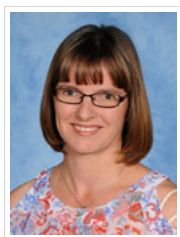
This year we will be participating in Foodbank's food appeal. Between the dates of 29 May and 16 June (Weeks 6 to 8 next term) there will be collection bins in the school so that those who are able to can drop in some non-perishable items. Foodbank sources and supplies 60% of the food used in welfare and also provides food to schools. I hope an Advisory might like to take this on as a project!

### Leaving valuables unattended

Recently there have been a couple of incidents where students have chosen to leave items such as phones in their bags instead of having them locked away and these items have gone missing. Luckily they have been recovered each time but the school cannot take any responsibility for these items if students choose to leave them unsecured instead of using the secure option provided by the teacher. Please emphasise to your child the need to look after their valuables (or simply leave them at home).

## SCHOOL NURSE REPORT

### Sue's Snippets



#### Health centre quilt

I was delighted to receive a gift for the Yule Brook health centre of a beautiful hand-made patchwork quilt. The quilt (pictured) was made by YBC community member Mrs Margaret Frost, a retired home economics teacher, for use in the health

centre.

Thank you, Mrs Frost, from the students and staff of YBC!



### Head lice

We have had a number of head lice cases in school lately. The holidays are a great time to check your child/children's head for lice.

Head lice are tiny insect parasites that live on your head and feed on your scalp. Head lice are spread by head-to-head contact with another person who has head lice. This kind of contact includes doing group work, playing or hugging.

#### Tips for preventing head lice

**Check your child's hair regularly** for head lice and eggs ("nits"). Use a metal fine tooth 'nit' comb and plenty of hair conditioner applied to dry hair, to make the task easier and more effective. To help children sit still for this, offer distracting activities, e.g. play a favourite video, provide games, iPad apps, offer a head massage.

**Tie long hair back.** Braid long hair and/or put it up if possible.

**Consider applying hair gel or mousse.** These do not prevent or repel lice but may help to keep stray hair strands from contact with other heads.

Avoid sharing combs or brushes.

**Remind your child to avoid head-to-head contact** with other children, e.g. when working at the computer with others, or when playing or hugging.

For more information:

Request the head lice fact sheet available from the school.

[http://healthywa.wa.gov.au/Articles/F\\_I/Head-lice](http://healthywa.wa.gov.au/Articles/F_I/Head-lice)

### Depression

Young people may feel depressed for all sorts of reasons and their moods may vary from feeling a bit blue to feeling overwhelming sadness and hopelessness. Some may even feel suicidal. Depression often goes undiagnosed in adolescents but with the right treatment it can be managed very well.

As a parent it is important to remember that stresses that sound minor to adults may be very important to teenagers and should be taken seriously.

Depression may be triggered by a major stressful event such as a death or broken relationship. Sometimes there may be no obvious cause. Although it is often difficult to communicate with someone who is feeling low it is important not to ignore a young person's feelings. Knowing that family and friends care and are willing to give support can be the first vital step to getting better.

If at any time you are worried about your mental health or the mental health of a loved one, call Lifeline on 13 11 14.

For more information on depression, go below, or contact me, or the School Psychologist, Miss Tedeschi.

<http://www.headspace.org.au/>

<https://www.youthbeyondblue.com/>

## Mindfulness

We can often spend time with full and tangled thoughts constantly whirling around our minds and then we miss the joy of the present moment. When you're mindful you're able to pay attention to the present moment and not get swept up thinking about the past or worrying about the future.

Mindfulness has been shown to help manage stress, build resilience and compassion, improve focus at work or in the classroom and can help with creativity and collaboration.

Adults and children can benefit from mindfulness, especially those who have a busy or restless mind or are experiencing stress, anxiety or other mental health issues.

To learn more about mindfulness for children and young people go below. If you would like to try an online mindfulness meditation programme for yourself or your child check out Smiling Mind.

I hope everyone has a lovely relaxing holiday. I look forward to an exciting Term 2 with everyone.

<https://www.kidsmatter.edu.au>

<http://au.reachout.com>

## SCHOOL CHAPLAIN

### Chaplain's report



Cadets this term have spent time exploring the Canning River eco education centre and have started learning some drills with the eventual aim of the unit being able to march into assemblies complete with flag bearers.

For those who are interested I have several copies of the Gospel of Luke translated into Noongar, please let me leave you with a

small passage.

"So don't be sad, always worrying about the things you will eat or drink. Because other people of this world, people who do not know God, they always worry about all these things. Your Father knows you need these things."

Ngarl yoowart winyan, kalyakool koort-wariny noolongakang noonooka boorda-ngarn ka djora. Narla warma moorta Boodjerang nidja, moorta ngiyan yoowart kaaditj Boolanga-Yirany, baalap kalyakool koort-wara mandang nidja-nidja noolongakang. Noonookang maaman kaaditj noonooka ngarnala nidja-nidja noolonga. **(Luke 12:29-30)**

## SCULPTURES BY THE SEA

### Advisory 9.3 excursion by Kate

On the 13 March 2017 we went on an Advisory excursion. I enjoyed looking at the different types of sculptures and hanging out with my Advisory. We met at McDonalds and made our way to the train station. After a train ride we walked to the sculptures by the sea. I had fun taking pictures and learning about the art.

My favourite sculptures were the 'Consumerism' and 'Homeless'. The first one was a massive soda can that had home furniture inside it, the first thing that I thought of when I saw that piece was the saying "One man's trash is another man's treasure" though I'm positive my prediction isn't correct. 'Homeless' is a small designed tent made out of huge rugs to make it look very old and used, it gave me a homeless or 'lost' vibe. There was also a little girl made out of glass and some parts of her were tinted different shades of blue and if you look at it in the right angle, the dark tinted part can line up nicely with the ocean.

The thing I enjoyed the most about being outside with my Advisory is hanging out with them and laughing. Sharing food together was also fun. I really enjoyed that Advisory excursion because I got to know some of my peers better. I also went to 'Inside'; a mini exhibit where mini versions of the sculptures and their meanings are. I went there with Abigail and Karisma.

### By Kate



## YBC ANNUAL SWIMMING CARNIVAL 2017

### Report from Miss vanWyk

On the 14 of March Yule Brook College students participated in our annual swimming carnival. The weather gods' were good to us and kept the rain away for the majority of the day. Teachers and students alike had a great day out at Kalamunda Water Park.

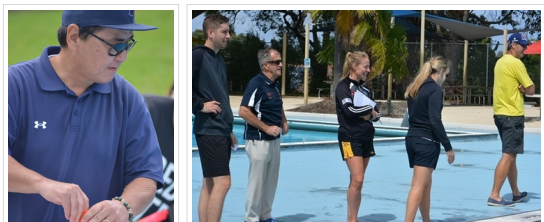
Students bravely swam in the rather cool pool and showed off their swimming abilities. I was encouraged to see students trying their best and contributing towards their Advisory and teams.



Well done to all the students who won the champion girl and boy awards for each year group and to the students who placed runner up.

Thank you to all staff for your help on the day. To all the parents who came and supported their children it was great to see you there, encouraging our students on.

Well done Yule Brook College students on all of your efforts.



## MRS STEELE'S ART CLASS EXCURSION

### Perth Art Gallery

Mrs Steel and her art class went to the Perth Art Gallery and to their surprise they arrived half an hour before the gallery opened so they went for a walk and found this little play area where they waited (and played). At 10:00 o'clock the class went inside the art gallery and everyone loved it.



## INTERNSHIP REPORT

by Carols Fru

My name is Carols and I'm a Year 10 here at Yule Brook College. During the tremendous ebola outbreak in Africa I was really shaken and inspired to become an epidemiologist or in other words a research scientist who is someone who finds cures for diseases. I developed the interest to become an epidemiologist in order to help fight untreatable diseases such as HIV/AIDS, ebola, cancer, malaria, polio, smallpox, cholera, and many others. This led me to start a search for an internship in Year 9 during the middle of term 1 and this is where I began my journey to become a research scientist. I applied for an internship at Western Diagnostic Pathology where I was accepted by my mentor Raelene Houwen who asked me for my CV (resume). For the first two semesters I went there from 8:00 am to 4:00 pm. I had another co-mentor Mr Paul, he is one of the histotechnicians in the histology laboratory. If I was not with Mr Paul I would be assisting by slide filling or helping around the laboratory. In Term 3 of Year 9 I made an appointment to move to the haematology laboratory. There I had a new mentor Mr Denis who assisted me with my passion task, which was to make a brochure on histology and also a presentation on lymph nodes and tumours. Now currently I am planning on moving to the cytology laboratory but recently I was talking to an employee who asked me if I was interested in the manual laboratory or in research. She told me that there are other places where I can learn more about research so I

am asking the pathologists in the laboratory of where they can recommend me to go for an internship on research. I would also like to thank Mr Weller for all of the support that he has given me.

## YEAR 8 SCIENCE

### About rocks with Mr Weller

In Year 8 science this semester it's all about the rocks. Not rock and roll but rocks and earth science. Our rock superstars have been learning about sedimentary, igneous and metamorphic rocks. This week we had a lot of fun investigating the crystalline structures of rocks under the microscope and this has put a smile on everyone's dial. Later in the semester we are going to make our own crystals. We look forward to reporting back to you in the next newsletter.



## CLONTARF ACADEMY

### They say time flies when you're having fun.

Things have been busy down at Clontarf and within the blink of an eye it's week 8 already.

Since the last edition of the school newsletter some of our prominent events and activities we have undertaken include:

- A game of football against Clontarf Aboriginal College
- Basketball game v the Swan View Clontarf academy
- Junior football carnival at Cecil Andrews Senior High School, involving, eight different Clontarf academies

- A game of football and a super training with Yule Brook's big brother Academy, Sevenoaks
- Wood Group corporate cricket afternoon on the South Perth foreshore
- Surfing at Trigg beach with students from other academies.

Not to mention our Clontarf contact time sessions where we have explored different themes on respect, self development, the importance of attending school regularly, leadership and how to be a man.

Our regular weekly events consist of morning trainings (Tuesday and Thursday), after school basketball (Wednesday), toasted sandwich Thursday and Good Bunch Lunch (Friday).

From little things big things grow!



*Pic 1: Kaelin and Jerome hanging together at the school swimming carnival*



*Pic 2: Maxwell receives his swimming award from principal Mrs Hilary Saunders*



*Pic 3: The Yule Brook Yongas embrace at the Cecil Andrews football carnival*



*Pic 4: Yule Brook v Wood Group corporate cricket afternoon at the South Perth foreshore*



*Pic 5: Lindsay, Maxwell and Denzel enjoying the opportunity to go surfing at Trigg Beach*



*Pic 6: Our Year 7 and 8 boys enjoying the surfing and beach games at Trigg beach*

## COMMUNITY NEWS

### City of Gosnells School Holiday Programmes

#### Awesome Antics

The Awesome Antics School Holiday Program provides leisure activities for young people aged 10-16 who live or go to school in the City of Gosnells.

During the school holidays various indoor and outdoor activities will take place that allow young people to socialise, meet new friends and have fun in a safe, supervised environment.

Located at Thornlie Community Centre Tuesday to Friday from 8.30am to 4.30pm.

The cost is kept low and meals are provided.

Places are limited, for more information or to join our mailing list, please call 9397 3121.

Please note:

The *City's Disability Services* also provides support for children aged between 12 and 16 years with disability, through the Awesome Fun Club. Please contact the Disability Services Coordinator on 9391 6040 for more information.

There will be other youth orientated activities running during the holidays, including skate jams at the city's skate parks and youth activities at the libraries. Please visit the related link below to look in the City's events calendar.